

YWCA Pool Schedule

January 2012-February 2012

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00 M-F 6:30 – 7:30	Open/Lap Early Fish AM Water Aerobics	Open/Lap Early Fish Water Walking	Open/Lap Early Fish AM Water Aerobics	Open/Lap Early Fish Water Walking	Open/Lap Early Fish		
8:00-8:45 Shallow End Closed MWF	Water Aerobics	Open /Lap	Water Aerobics	Open /Lap	Water Aerobics		
9:00- 1000	Open / Lap Parent -Tot, 900-930 Preschool Lessons 9:35-10:05	Open/Lap	Open / Lap Parent -Tot, 900-930 Preschool Lessons 9:35-10:05	Open/Lap	Open/Lap	Opens @ 9 Open/Lap	
10:00-11:00	Open / Lap	Open/Lap	Open / Lap	Open/Lap Day Cares	Open/Lap Day Cares	Open/Lap	
11:00-11:45 No Lap Swim Closed M-F	Water Aerobics	Arthritis Water Exercise	Water Aerobics	Arthritis Water Exercise	Water Aerobics	Water Aerobics 11:00-11:45	
11:45-1:00 12:00-1:00	Open/Lap Sr Center Aerobics	Open/Lap Aqua Zumba	Open/Lap Sr Center Aerobics Home School Swim	Open/Lap Aqua Zumba	Open/Lap Home School Swim	Open/Lap	
1:00-4:00	Open/Lap	Open/Lap	Open/Lap	Open/Lap	Open/Lap	CLOSED@1:00	Open/Lap 1:00
4:00-6:00 No Lap Swim (Wed. laps open 4-5p)	Swim Teams Preschool Lesson 4:00-4:30 Youth Lessons 4:30-5:15	Swim Teams Preschool Lesson 4:00-4:30 Youth Lessons 4:30-5:15	Swim Team (5-6p) Preschool Lesson 4:00-4:30 Youth Lessons 4:30-5:15	Swim Teams Preschool Lesson 4:00-4:30 Youth Lessons 4:30-5:15	Open/Lap	RENTALS Available after 1 PM	CLOSED @4:00
6:00-6:45 6:00-7:15 6:30-7:30 No Lap swim during swim team	Water Aerobics Preschool 6:00-6:45 Youth 6:30-7:15 Swim Team 630-730	Water Aerobics Preschool 6:00-6:45 Youth 6:30-7:15	Water Aerobics Preschool 6:00-6:45 Youth 6:30-7:15 Swim Team 630- 730pm	Water Aerobics Preschool 6:00-6:45 Youth 6:30-7:15 Swim Team 630- 730pm	Open/Lap CLOSED @ 7:00	RENTALS PARTIES BOY SCOUTS CHURCHES GIRL SCOUTS BAPTISMS SOCIALS	RENTALS Available after 4 PM
7:15-8:00	Open/Lap Adult Lessons 7:15- 8:00	Open/Lap Adult Lessons 7:15- 8:00 SCUBA DIVING Deep end	Open/Lap Adult Lessons 7:15- 8:00	Open/Lap Adult Lessons 7:15- 8:00 SCUBA DIVING Deep end		SWIM TEAMS Practice days will vary M-Th. Check with Lifeguard for more detailed schedule.	CALL Aquatics FOR DETAILS 882-4126

