

# what every woman should know



The Women's Resource Center serves as a "one-stop-shop" center where individuals can obtain information about resources available in the community as well as fill the gap of services not provided in High Point and surrounding areas. Currently those in need of this service are shuffling from agency to agency in search of services. This can be very frustrating to those who are in need of services or in crisis situations, especially in a rural county with limited access to public transportation. The Women's Resource Center will stop the shuffling from agency to agency through working directly with individuals to address their needs and referring the individual directly to organizations who can meet these needs. The YWCA staff and volunteers will also follow up with the individuals to ensure that they are receiving the support that they need to lead a successful life. The primary purpose of the Women's Resource Center is to empower and support women and their families in achieving their personal and professional goals through information, education, referral and support services to eliminate the barriers they face. These objectives will be accomplished by providing services and programs in the following areas: Support Services, Women's Empowerment Programs, Resource Library and Technology Lab, and Resource and Referral Program.

**eliminating racism**  
**empowering women**  
ywca